

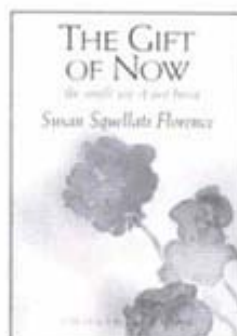
# Volunteers are a Work of Heart

*"You make a living by what you get . . . You make a life by what you give."* Winston Churchill

We are ever grateful to all the people who donate to Livingston Memorial Visiting Nurse Association and Home Hospice. Some of these special people give of their time to visit and be with the patients and families... some give the much needed financial support... and others give of their expertise and talents in many areas.

## Susan Florence

The Artist...The Author...The Volunteer Susan Florence has helped in working with us to create our special memorial cards which are mailed to families following the death of a loved one and now with our website. Susan is donating what she loves to do...her paintings and poetic verse. The watercolors and quotes on our website are from Susan's line of gift books called Journeys. These are books that help people connect to each other, in comfort and in caring during our life journeys. About her art Susan said, "The beauty of nature is a constant inspiration for my watercolors. I love to paint outdoors in Ojai, Ventura, and Santa Barbara...and wherever my travels take me. Just being in nature is renewing and spiritually nourishing ...and I hope these books bring to the



readers this sense of wholeness. About working with Livingston, Susan says, "I feel in some small way I can help contribute to the incredibly meaningful work done by everyone at LMVNA. They are there, in the very hardest of times and are able to help and guide so many ... with such heart and caring!"

*Susan's books have brought comfort to patients and families and we are looking forward to her new books "Let Happiness Be Yours" and "The Gift of Now" Please check our website ([www.lmvna.org](http://www.lmvna.org)) to learn more about her books.*



## GIFTS TO THE COMMUNITY...

*Sandy Thieme pictured here with the beautiful afghans she creates and gives to Hospice patients.*

## Volunteer Opportunities

With the help of our dedicated volunteers and the continued support from the community, Livingston Memorial Visiting Nurse Association will keep on providing programs in the spirit of our founders.

**Hospice Volunteers:** VNA volunteers bring comfort and reassurance to our patients and their families through our Hospice and Bereavement programs. They are part of the Interdisciplinary Team Plan of Care to our terminally ill and homebound patients and their families, thereby extending the services professional staff can offer. Trainings are scheduled throughout the year and are conducted in Spanish as well as English. Call for training schedules.

**Office Help:** Some volunteers prefer to assist by doing necessary supportive work in the Livingston Memorial Visiting Nurse Association office. Assisting with short-term projects, such as typing, filing, mailings, collating, and making up packets and patients charts, volunteers help to carry our services to the community more effectively.

**Special Events:** The success of our special fundraising events, such as "Light Up A Life" and the Miniature Twilight Golf Classic, are dependent on the time and talents donated by very special volunteers.

**For further information contact Maddy Hazard, Volunteer Coordinator  
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